



SUPPORTING YOUR CHILD IN PREPARING FOR SCHOOL



Helping your child get ready for school is very important and how you support them really matters. Here are some things that you can help them to practice so they will settle into school more easily. We understand that every family and child grows and learns in different ways. Some children require additional support and have different ways of doing things which your Kernow Learning Early Years team will be happy to discuss and support you with. As a general guide, these are some of the things that can help your child to be prepared for starting their primary learning adventure.

DOES YOUR CHILD ENJOY PLAYING AND LEARNING?

Wherever your child attends school, their education will begin through play based learning. Helping your child to become enthusiastic and inquisitive about learning and exploring new things is a great way to introduce the concept of going to school.



IS YOUR CHILD WORKING TOWARDS DRESSING

Encourage your child to practice putting on and taking off coats and shoes. Think about fastening types as young children can find laces, buckles and buttons tricky. Teachers will always be on hand to support your child to work towards dressing independently.



THEY PRACTICING TOILETING & HYGIENE HABITS?



Does your child know when they need to go to the toilet, how to wipe themselves, pull their clothes up and down, flush the toilet and wash their hands? These are all important steps towards independent hygiene at school, but don't worry if you child has additional needs in this area, your school will be able to make a plan to support them.



POES YOUR CHILD HAVE GOOD ROUTINES?



Encourage your child to sit at the table using cutlery during meal times. Think about the types of containers and packaging you put in your child's lunchbox. Try and get your child into a good bedtime routine in advance of starting school to help make sure they get enough sleep for all that learning fun!



CAN YOUR CHILD COMMUNICATE THEIR NEEDS?

Whether through talking, signing or pointing, your child will need a method of communicating their needs. It's important that children understand that the adults in their class are there to help them.



CAN YOUR CHILD USE THEIR HANDS TO MARK MAKE?

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Get your child ready for their new routine by switching their meal times to match those of the school day



Encourage your child to explore new environments and interact with new people



Talk to your child about what they are most looking forward to at school



Let your child practice putting their new school uniform on and taking it off

Start your child's learning adventure at a Kernow Learning school

