The Bishops' C of E Learning Academy

Personal, Health, Social and Economic (PHSE) Policy

Version Number	V3
Date Adopted by Governors	May 2026
Scheduled Review Date	May 2027
Statutory or Best Practice Policy	Statutory
School or Trust Policy	School

We want to ensure that your needs are met.
If you would like this information in any other format, please contact us on 01637 303106 or email info@kernowlearning.co.uk.

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Christian Distinctiveness
At The Bishops' Church of England Learning Academy, our mantra, 'Faith to Belong, Believe, Aspire and Achieve' is based on The Parable of the Mustard Seed:
If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you. Matthew 17:20

This underpins our Christian vision statement at The Bishops':
We belong to The Bishops' Family where through our Christian distinctiveness and nurturing ethos we celebrate our differences. We believe that we will achieve through inspirational, exciting and challenging learning that utilises our natural environment. We aspire to create endless possibilities for our pupils and to make a positive contribution to society. We achieve by enabling everyone to flourish academically, spiritually and emotionally.

Aims

The aims of personal, social, health and economic (PSHE) education in our school are to equip our children with an understanding of the world, their health and wellbeing and different types of relationships to be equipped to be positive members of our community and wider society. Our PSHE curriculum is integrally linked to our Christian values of respect, compassion, forgiveness, trust, courage and perseverance, alongside the British Values of tolerance, democracy, rule of law, respect and individual liberty. We impart practical skills and knowledge for our students to demonstrate these values in their day-to-day lives.

Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
- We must teach health education under the same statutory guidance, including aspects of the statutory science curriculum which we teach through our RSE curriculum.

Content and delivery

What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our Relationships and Sex education policy for details about what we teach, and how we decide on what to teach, in this subject. You can find this policy on our website here:

The Bishops' CofE Learning Academy - Subject Information (kernowlearning.co.uk)

For other aspects of PSHE, including health education, we use a Philosophy for Children (P4C) approach, teaching a bespoke curriculum for our school which has been planned and designed for our unique school community. You can see an overview of our curriculum here:

https://www.thebishops.kernowlearning.co.uk/_site/data/files/pdfs/curriculum/38A9318D4D9986B1B7C0BE3B5FC2777C.pdf

You can see each year group's learning journey for the year:

https://www.thebishops.kernowlearning.co.uk/subject-information

How we teach it

PSHE is taught once per week in each class. Each term has a different overarching topic:

- Autumn: Understanding the world
- Spring: Relationships
- Summer: Health and Wellbeing

We utilise the PSHE Association's curriculum map to ensure that skills are revisited and developed each year as a part of a spiral curriculum.

In addition to the PSHE sessions, every Tuesday our collective worship utilises 'Picture News'. This resource teaches the children about what is happening in the world today through the lens of British Values and Protected Characteristics.

PSHE is taught by the class teacher and overseen by the PSHE subject leader who ensures there is consistency in the delivery of topics.

Adaptive teaching methods are utilised to enable all children, regardless of ability or need, can access the curriculum.

Giving children a safe space to discuss controversial or difficult issues is an essential aspect of the PSHE curriculum. We use partner agencies such as Educate Against Hate, The PSHE Association, Barnardos and Winston's Wish for resources to support the delivery of topics which require expert knowledge. In all PSHE teaching where different viewpoints can be expected and respected, teachers remain impartial and do not share their own beliefs, for example about political support.

Roles and responsibilities

The local governing board

The governing board will hold the headteacher to account for the implementation of this policy.

The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress and delivering assessments appropriately
- Responding to the needs of individual pupils

Pupils

Pupils are expected to engage fully in PSHE and, treat others with respect and sensitivity, when discussing issues related to PSHE.

Monitoring arrangements

The implementation of the PHSE curriculum is monitored and enhanced by planning scrutinies, learning walks, book looks, pupil conferencing and stakeholder surveys.

This policy will be reviewed by the SLT biannually. At every review, the policy will be approved by the local governing board.

Links with other policies

This policy links to the following policies and procedures:

- Relationships and Sex Education Policy
- Positive Behaviour Policy
- Anti Bullying Policy
- Mental Health and Wellbeing Policy
- Racial Equality Policy
- Religious Education Policy
- Curriculum Policy
- SMSC Policy